

8.3 Trig Integrals

We'll use substitution to find:

$$\int \sin^n \theta \cos \theta d\theta$$

$$\text{or } \int \cos^n \theta \sin \theta d\theta$$

Fact

$$\boxed{\sin^2 \theta + \cos^2 \theta = 1}$$

Ex: $\int \sin^4 \theta \underbrace{\cos \theta d\theta}_{du}$

$$= \int u^4 du$$

$$= \frac{u^5}{5} + C$$

$$= \frac{\sin^5 \theta}{5} + C$$

$$\boxed{\begin{array}{l} u = \sin \theta \\ du = \cos \theta d\theta \end{array}}$$

Ex: $\int \sin^4 \theta \cos^3 \theta d\theta$

$$= \int \sin^4 \theta (1 - \sin^2 \theta) \underbrace{\cos \theta d\theta}_{du}$$

$$= \int u^4 (1 - u^2) du$$

$$\boxed{\begin{array}{l} u = \sin \theta \\ du = \cos \theta d\theta \end{array}}$$

$$= \int (u^4 - u^6) du$$

$$= \frac{u^5}{5} - \frac{u^7}{7} + C$$

$$= \frac{\sin^5 \theta}{5} - \frac{\sin^7 \theta}{7} + C$$

Ex: $\int \sin^5 \theta d\theta$

$$= \int \sin^4 \theta \sin \theta d\theta$$

$$= \int (1 - \cos^2 \theta)^2 \sin \theta d\theta$$

$$= - \int (1 - u^2)^2 du$$

$$= - \int (-2u^2 + u^4) du$$

$$= - \left[u - \frac{2u^3}{3} + \frac{u^5}{5} \right] + C$$

$$= - \left[\cos \theta - \frac{2}{3} \cos^3 \theta + \frac{1}{5} \cos^5 \theta \right] + C$$

$u = \cos \theta$ $du = -\sin \theta d\theta$ $-du = \sin \theta d\theta$

To integrate even powers:

$$\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$$

$$\sin^2 \theta = \frac{1 - \cos 2\theta}{2}$$

Ex: $\int \cos^2 \theta d\theta$

$$= \int \frac{1 + \cos 2\theta}{2} d\theta$$

$$= \frac{1}{2} \int (1 + \cos 2\theta) d\theta$$

$$= \frac{1}{2} \left[\theta + \frac{\sin 2\theta}{2} \right] + C$$

Ex: $\int \sin^4 3x dx$

$$= \int (\sin^2 3x)^2 dx$$

$$= \int \left(\frac{1 - \cos 6x}{2} \right)^2 dx$$

$$= \frac{1}{4} \int (1 - 2\cos 6x + \cos^2 6x) dx$$

$$= \frac{1}{4} \int \left(1 - 2\cos 6x + \frac{1}{2} + \frac{\cos 12x}{2} \right) dx$$

$$= \frac{1}{4} \left[\frac{3x}{2} - \frac{\sin 6x}{3} + \frac{\sin 12x}{24} \right] + C$$

To evaluate $\int \sec^m \theta \tan^n \theta d\theta =$

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$\text{Sub } u = \tan \theta, \quad du = \sec^2 \theta d\theta$$

$$\text{OR } u = \sec \theta, \quad du = \sec \theta \tan \theta d\theta$$

$$\underline{\text{Ex:}} \quad \int \tan^3 \theta \sec^3 \theta d\theta$$

$$= \int \tan^2 \theta \sec^2 \theta \underbrace{\sec \theta \tan \theta d\theta}_{du}$$

$$= \int (\sec^2 \theta - 1) \sec^2 \theta \sec \theta \tan \theta d\theta$$

$$= \int (u^2 - 1) u^2 du$$

$$= \int (u^4 - u^2) du$$

$$= \frac{u^5}{5} - \frac{u^3}{3} + C$$

$$= \frac{\sec^5 \theta}{5} - \frac{\sec^3 \theta}{3} + C$$

$u = \sec \theta$ $du = \sec \theta \tan \theta d\theta$

$$\underline{\text{Ex:}} \quad \int \tan^4 \theta d\theta$$

$$= \int \tan^2 \theta (\sec^2 \theta - 1) d\theta$$

$$= \int \tan^2 \theta \sec^2 \theta d\theta - \int \tan^2 \theta d\theta$$

$$= \int \tan^2 \theta \sec^2 \theta d\theta - \int (\sec^2 \theta - 1) d\theta$$

$$= \underbrace{\int \tan^2 \theta \sec^2 \theta d\theta}_{u = \tan \theta} - \int \sec^2 \theta d\theta + \int d\theta$$

$$u = \tan \theta$$

$$du = \sec^2 \theta d\theta$$

$$= \int u^2 du - \int du + \int d\theta$$

$$= \frac{u^3}{3} - u + \theta + C$$

$$= \frac{\tan^3 \theta}{3} - \tan \theta + \theta + C$$

To evaluate $\int \csc^m \theta \cot^n \theta d\theta$:

$$1 + \cot^2 \theta = \csc^2 \theta$$

$$\text{Sub } u = \csc \theta, \quad du = -\csc \theta \cot \theta d\theta$$

$$\text{OR } u = \cot \theta, \quad du = -\csc^2 \theta d\theta$$

$$\underline{\text{Ex:}} \int \cot^2 3x \csc^4 3x dx$$

$$= \int \cot^2 3x (1 + \cot^2 3x) \csc^2 3x dx$$

$$\begin{aligned} u &= \cot 3x \\ du &= -3 \csc^2 3x dx \\ -\frac{du}{3} &= \csc^2 3x dx \end{aligned}$$

$$= -\frac{1}{3} \int u^2 (1 + u^2) du$$

$$= -\frac{1}{3} \int (u^2 + u^4) du$$

$$= -\frac{1}{3} \left[\frac{u^3}{3} + \frac{u^5}{5} \right] + C$$

$$= -\frac{1}{3} \left[\frac{\cot^3 3x}{3} + \frac{\cot^5 3x}{5} \right] + C$$

Three Other Techniques

- 1) Integration by Parts
- 2) Convert to $\sin \theta$ and $\cos \theta$
- 3) Identities

$$\begin{aligned} \sin(-\theta) &= -\sin \theta \\ \cos(-\theta) &= \cos \theta \end{aligned}$$

$$\sin \alpha \sin \beta = \frac{1}{2} [\cos(\alpha - \beta) - \cos(\alpha + \beta)]$$

$$\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha - \beta) + \cos(\alpha + \beta)]$$

$$\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)]$$

$$\underline{\text{Ex:}} \int \sec^3 \theta d\theta$$

$$= \int \underbrace{\sec \theta}_u \underbrace{\sec^2 \theta d\theta}_{dv}$$

$u = \sec \theta$	$dv = \sec^2 \theta d\theta$
$du = \sec \theta \tan \theta d\theta$	$v = \tan \theta$

$$= uv - \int v du$$

$$= \sec \theta \tan \theta - \int \sec \theta \tan^2 \theta d\theta$$

$$= \sec \theta \tan \theta - \int \sec \theta (\sec^2 \theta - 1) d\theta$$

$$= \sec \theta \tan \theta - \int \sec^3 \theta d\theta + \int \sec \theta d\theta$$

$$= \sec \theta \tan \theta + \ln |\sec \theta + \tan \theta| - \int \sec^3 \theta d\theta$$

$$\text{Let } I = \int \sec^3 \theta d\theta$$

$$I = \sec \theta \tan \theta + \ln |\sec \theta + \tan \theta| - I$$

$$2I = \sec \theta \tan \theta + \ln |\sec \theta + \tan \theta| + C_1$$

$$I = \frac{1}{2} [\sec \theta \tan \theta + \ln |\sec \theta + \tan \theta|] + C$$

$$\underline{\text{Ex:}} \int \sec \theta \cot^2 \theta \, d\theta$$

$$= \int \frac{1}{\cos \theta} \frac{\cos^2 \theta}{\sin^2 \theta} \, d\theta$$

$$= \int \frac{\cos \theta}{\sin^2 \theta} \, d\theta$$

$$= \int u^{-2} \, du$$

$$= -u^{-1} + C$$

$$= -\frac{1}{\sin \theta} + C$$

$$= -\csc \theta + C$$

$$\begin{array}{l} u = \sin \theta \\ du = \cos \theta \, d\theta \end{array}$$

$$\underline{\text{Ex:}} \int \sin 3x \cos 7x \, dx$$

$$= \frac{1}{2} \int [\sin(-4x) + \sin 10x] \, dx$$

$$= \frac{1}{2} \int [-\sin 4x + \sin 10x] \, dx$$

$$= \frac{1}{2} \left[\frac{\cos 4x}{4} - \frac{\cos 10x}{10} \right] + C$$